



Momentum cares for your health among COVID-19

We at Momentum are doing everything in our power to keep you healthy while you come into our facility for care. Below are ways we are keeping you safe and also some ways you can help us keep a clean office.

Dr. Mike, Dr. Lindy, and Dr. Ashley are here and honored to be a part of your **Health** care team as your immune system is more important than ever. We know the importance of chiropractic and acupuncture to keep you well.

You can help us with social distancing by sticking to your **correct** appointment time, so we can minimize overly busy times and maintain a safe environment. Also, we are not charging cancellation fees during this time if you start to feel ill.

Chiropractic

1. Practitioners and staff are sanitizing/washing hands between each patient.
2. Hand Sanitizer for each person to come in prior to starting treatment
3. Wiping down equipment
4. Maintaining a safe distance between patients.

Acupuncture

1. Rooms are sanitized with a hospital grade disinfectant between patients. The buzzer which is in your hand has a two minute wet time with the cleaner.
2. Stringent hand washing, hand sanitizing, and gloves during and between each patient contact.
3. Rooms have been altered to have less porous material. The extra padding for comfort on the bed has been removed and we will be starting next week to use disposable pillow covers.
4. We have herbal options to keep your immune system strong. These are the same formulas used in China and were shown to reduce the impact of Coronavirus.

Let us know if you have any questions

-Momentum Health Care Team